



Image credit: Michelle Hansen



# Whole Body Mark Making

## STEPS:

1

Give each student a large sheet of butcher paper. Have them tape down around the edges of the paper.

2

Using both hands, have students lie on the paper and add marks using bilateral movement (moving both hands at the same time in the same way.)

3

Add designs, lines, etc. to complete the work.

## Materials:

- Large sheets of butcher paper
- Multiple colors for drawing, any medium
- Painter's tape

*Note: This project gets a "3" rating because it is easy to do, but requires prep ahead and set up of the project.*

# Project Short Cuts

## and Do Aheads

- 1** Cut large sheets of butcher paper large enough for each student to lie on. Alternatively, do this project outside on concrete with chalk.
- 2** Consider showing students this video of works done by artist Heather Hansen and discuss what they like (or don't like) about her work.  
[https://www.youtube.com/watch?v=\\_Spo2IE1pNY](https://www.youtube.com/watch?v=_Spo2IE1pNY)
- 3** Consider making this a partner project using bilateral mirror drawing. See ideas at this link:  
<http://www.shinebritezamorano.com/2016/05/mirroring.html>

## Watch Out For...

- 1** If you choose to use chalk or charcoal, this can get messy, students may want to wear an apron. Consider trying this first with markers, colored pencils or crayons. Students can go back and add to it with sharpie or charcoal after.